



MONTHLY MAGNETIC RESET RITUAL

THE REFLECTION

What felt aligned this month?

What lessons came up and how did I
respond to them?

What am I proud of, even if it didn't go
perfectly?



THE REALIGNMENT

Where did I feel disconnected
from myself or my goals?

What felt heavy or out of sync?

What needs adjusting in my mindset,
my environment, and my energy?



THE RESET

Write a release list. Everything
you're ready to leave behind.

Burn it, tear it up, or close your
journal with intention.

Clean your space, change your
bedsheets,
put on fresh music, whatever helps you
feel like you've energetically reset.





THE RECOMMITMENT

What would feel amazing to create, shift,
or experience in the next 30 days?

Who do I want to be as I move through
this month?

What small rituals or habits will support
me?



hello@themanifestationcollective.co



www.themanifestationcollective.co



[@themanifestationcollective](https://www.instagram.com/themanifestationcollective)

Copyright 2025 The Manifestation Collective