

THE COLLECTIVE

EST. 2022

Your Resort Concierge Itinerary

AN EXTRA £1000

A 90 Day Plan

YOUR STAY AT A GLANCE

DAYS 1 TO 30	*What is in the way*
DAYS 31 TO 60	*Become magnetic to it*
DAYS 61 TO 90	*Receive it*

Arrive as you are. Check out as your Future Self.

HOW THIS WORKS

One thing runs across all ninety days and it stays pointed at the same figure. Each month then has a rampage, a subliminal to play in the background, one tapping session a week, one guided audio and one masterclass. Month one is what is in the way, month two is becoming magnetic to it, month three is receiving it. Everything swaps on day thirty one and again on day sixty one.

RUNNING ALL NINETY DAYS

- **Most days:** Manifest A Specific Amount Of Money Into Your Bank Account Guided Visualisation (Money wing): Ten minutes, most days, set at the same figure throughout. It is designed to make you an energetic match for one exact amount rather than for money in general. Pick the moment it lands in the account and keep that same scene every time.

DAYS 1 TO 30

MONTH ONE: WHAT IS IN THE WAY

- **The rampage:** Safe To Receive, Safe To Hold Money Rampage (Guided Audios, Rampages section): Your rampage for month one. It works on money feeling safe to hold rather than only safe to earn, and on the belief that what flows out flows back. Play it in the morning or in the car.
- **The subliminal:** Release Old Money Stories That Don't Serve You (Subliminals wing): In the background while you work or move around the house. It is designed to clear outdated beliefs at a subconscious level and make space for new ones. Play it as often as you like.
- **Once a week:** EFT Tapping: Release Your Money Fears (EFT Tapping wing): Once a week, same day each week. It works through the negative stories told about money and about being able to attract it. Rate how true the belief feels out of ten before and after so you can track the shift.
- **To write it out:** Unearth Your Money Blocks Workbook (Money wing): A written workbook for naming the blocks before trying to clear them. Work through it in the first fortnight, then use the tapping session above on whatever it surfaces.
- **The masterclass:** 10 Ways To Manifest More Money Masterclass (Money wing): The session this month. Ten ways to shift your energy around financial abundance, each with an action attached. There are presentation slides to work through.

DAYS 31 TO 60

MONTH TWO: BECOME MAGNETIC TO IT

- **The rampage:** The Financial Freedom Frequency Rampage Audio (Guided Audios, Rampages section): The rampage from day thirty one, aimed at the frequency of financial freedom rather than at a figure. Play it before anything money related: an invoice, a pitch, a sale.
- **The subliminal:** Feeling Worthy Of Receiving Money (Subliminals wing): In the background all month. It is designed to release old stories of unworthiness and align the subconscious with receiving, which is the piece underneath money arriving and staying.
- **Once a week:** EFT Tapping: Unexpected Money Is Dropping Into My Account (EFT Tapping wing): Once a week, same day each week. A quick fire tapping round that moves you into the energy of unexpected amounts arriving. Use it on the weeks nothing appears to be moving.
- **The meditation:** Become Magnetic To Abundance + Opportunities Guided Meditation (Guided Audios, Money section): A few times a week. It shifts you from chasing money to being the person it moves towards, including through opportunities rather than only through work already booked.
- **The masterclass:** Raising Your Energetic Frequency Masterclass (Money wing): The session this month. It looks at the energetic ceiling sitting above you that stops more money coming in, and how to raise it. There are presentation slides to work through.

DAYS 61 TO 90

MONTH THREE: RECEIVE IT

- **The rampage:** The Ultimate Gratitude Rampage Audio (Guided Audios, Rampages section): The final rampage. High energy, words and music, and nothing asked of you. Gratitude is what keeps the attention on what has already arrived rather than on the gap.
- **The subliminal:** Feel Abundant AF Every Day (Subliminals wing): In the background all month. It is designed to rewire the subconscious to spot abundance everywhere, which is what makes the smaller amounts land rather than go unnoticed.
- **Once a week:** EFT Tapping: Move Out Of Lack + Into Abundance (EFT Tapping wing): Once a week, same day each week. It works through the emotions that come with a lack mindset and moves you into a more abundant energy. Tap it before you check the account rather than afterwards.
- **The visualisation:** Stepping Into Your Next Level Of Wealth Guided Visualisation (Money wing): Eight minutes, a few times a week. It raises your frequency and has you embody a wealthier version of yourself. Short enough to run straight before the bank account visualisation that runs all ninety days.

- **The masterclass:** Monthly Money Date Masterclass (Money wing): The session this month, and the one to keep. It sets up a monthly money date to nurture, celebrate and align your money. There are presentation slides to work through.